FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

- 1												
	OMB APP	ROVAL										
	OMB Number: 3235-028 Estimated average burden											
	hours per response	: 0.5										

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*  Lyons Jonathan M.					2. Issuer Name and Ticker or Trading Symbol Sotera Health Co [ SHC ]								(Che	eck all appli	tionship of Reportin all applicable) Director Officer (give title		son(s) to Iss 10% Ov Other (s	/ner	
(Last) (First) (Middle) 9100 SOUTH HILLS BLVD, SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 08/07/2023								2	below)				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
(Street) BROADVIEW HEIGHTS OH 44147		_ 4. If a	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	Individual or Joint/Group Filing (Check Applicable le)  X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City) (State) (Zip)				$   _{\Box}$	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tab	e I - No	n-Deriv	vative	Sec	curities	s Ac	quired,	Dis	posed c	of, or B	ene	ficiall	y Owned	k			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da					Execution Date,		Transaction Dispos Code (Instr. 5)		Dispose	rities Acquired (A) or ed Of (D) (Instr. 3, 4 a			5. Amou Securiti Benefici Owned I Reporte	ies Fe ially (D Following (I)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) (D)	or	Price	Transac (Instr. 3	tion(s)			(111501.4)
Common Stock, \$0.01 par value per share (Common Stock) 08/07/2				7/2023	2023			A		76,967 <sup>(1)</sup> A		\$0.00	76,967			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transac Code (Ir 8)				6. Date Ex Expiration (Month/Da	Date	Amount of		of es ing ve Se		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	or No	umber					
Stock Options	\$16.89	08/07/2023			A		33,640		(2)	0	8/07/2033	Commo Stock	<sup>n</sup> 33	3,640	\$0.00	33,640	)	D	

## **Explanation of Responses:**

1. These securities consist of Restricted Stock Units ("RSUs") that were granted on August 7, 2023, pursuant to the terms of an RSU agreement under the Sotera Health Company 2020 Omnibus Incentive Plan ("2020 Incentive Plan"). Each RSU represents the Reporting Person's right to receive one share of Common Stock, subject to vesting conditions. The RSUs vest annually in three equal installments commencing on August 5, 2024, subject to the Reporting Person's continued service through each such date.

2. These options were granted on August 7, 2023, pursuant to the terms of a stock option agreement under the 2020 Incentive Plan. The options vest annually in three equal installments commencing August 5, 2024, subject to the Reporting Person's continued service through each such date.

## Remarks:

The Power of Attorney for Mr. Lyons is filed as an exhibit to the Form 3 filed on July 6, 2023, which is hereby incorporated by reference.

/s/ Jessica L. M. H. Epp, 08/09/2023 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.