## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287

Estimated average burden hours per response: 0.5

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
--	--

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

											1		-						
1. Name and Address of Reporting Person* Wheadon David E.					2. Issuer Name <b>and</b> Ticker or Trading Symbol Sotera Health Co [ SHC ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
															Direc	ctor		10% O\	wner
(Last)	(Fi	rst) (M	viddle)		3. Date of Earliest Transaction (Month/Day/Year) 05/26/2023										Offic belov	er (give title v)		Other (s below)	specify
C/O SOTERA HEALTH COMPANY					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Inc	<ul> <li>6. Individual or Joint/Group Filing (Check Applicable Line)</li> <li>X Form filed by One Reporting Person</li> </ul>					
9100 SOUTH HILLS SUITE 300																			
(Ctra at)																		porting Pers an One Rep	
(Street)	VIEXA7														Pers				5
HEIGHT	OADVIEW GHTS OH 441		4147		Rule	Rule 10b5-1(c) Transaction Indication													
,																			
(City)	(St	ate) (2	Zip)	) Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									ended to						
		Table	I - No	n-Deriva	tive S	ecur	rities	Aco	uired,	Dis	posed of	f, or	Ben	eficial	ly Owr	ned			
1. Title of Security (Instr. 3)       2. Transacti Date (Month/Day)				Execution Date,			3. Transaction Code (Instr.4. Securities Acquired (A Disposed Of (D) (Instr. 3 5)8)					Securi Benefi Owned Follow	icially d /ing	Forr (D) c Indii	m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A (D	) or )	Price		ed ction(s) 3 and 4)						
Common Stock, \$0.01 par value per share (Common Stock) 05/26/20				)23		A		15,712 <sup>(1</sup>	,712 <sup>(1)</sup> A \$		\$0.00	35,691 <sup>(2)</sup>			D				
		Tab	le II -	Derivati											Owne	ed		<u> </u>	
		0		(e.g., pu	ts, cal	ls, v	varra	ınts,	optior	ıs, c	onvertib	le s	ecur	ities)					
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any			ition Date,	4. Transaction Code (Instr. 8)		5. Numl of Deriv Secu Acqu (A) o Dispo of (D) (Instr and 5	vative rities lired r osed ) r. 3, 4	6. Date I Expirati (Month/I	on Da		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		De Se I (Ir	Price of erivative curity Istr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
									Date		Expiration		Amo or Num of	ount nber					
					Code	v	(A)	(D)	Exercisa	able	Date	Title	Sha	res					

Explanation of Responses:

1. These securities consist of 15,712 Restricted Stock Units ("RSUs") that were granted on May 26, 2023, pursuant to the terms of an RSU agreement under the Sotera Health Company 2020 Omnibus Incentive Plan. Each RSU represents the Reporting Person's right to receive one share of Common Stock, subject to vesting conditions. The RSUs will vest in full on the earlier of (i) the first anniversary of the date of grant, or (ii) the date immediately prior to the Issuer's next regular annual shareholders meeting, subject to the Reporting Person's continued service as a non-employee director of the Issuer through such date.

2. These securities consist of 15,712 RSUs and 19,979 shares of Common Stock.

**Remarks:** 

The Power of Attorney for Mr. Wheadon is filed as an exhibit to the Form 3 filed with the Securities and Exchange Commission on May 28, 2021, which is hereby incorporated by reference.

<u>/s/ Jessica L.M.H. Epp, as</u>	
attorney-in-fact for David E.	<u>05/31</u>
<u>Wheadon</u>	
** Signature of Reporting Person	Date

/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.