FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Rutz Michael P						2. Issuer Name and Ticker or Trading Symbol Sotera Health Co [SHC]								eck all applic Directo	or (give title		10% Owner Other (specify		
	ERA HEA	irst) LTH COMPAN' S BLVD, SUITE				3. Date of Earliest Transaction (Month/Day/Year) 03/06/2023							below)						
(Street) BROAD HEIGHT		Н	44147		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	e) X Form f Form f	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S		(Zip)																
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D					saction	ction 2A. Deemed Execution Date			3. Transaction Code (Instr.		4. Securi	ities Acquir		5. Amou Securitie Beneficia Owned F	es For ally (D) following (I) (orm: Direct) or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	Amount (A) or (D)		Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)	
Common Stock, \$0.01 par value per share ("Common Stock")				03/0	06/202	/2023			A		28,42:	28,425 ⁽¹⁾ A		600,	600,660(2)		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security 1. Title of Conversion or Exercise (Instr. 3) 2. Conversion Date (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year) 4. Title of Conversion Date (Month/Day/Year) 5. Transaction Date (Month/Day/Year) 6. Transaction Date (Month/Day/Year) 6. Transaction Date (Month/Day/Year) 6. Transaction Date (Month/Day/Year) 7. Transaction Date (Month/Day/Year)			ate,	4. Transaction Code (Instr. 8)		of		6. Date Exercisab Expiration Date (Month/Day/Year)		of Securities		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	Amount or Number of Shares						
Stock Options	\$17.59	03/06/2023			A		53,879		(3)	0.	3/06/2033	Common Stock	53,879	\$0	53,87	9	D		
Stock Options ⁽⁴⁾	\$20.03								(5)	03	3/02/2032	Common Stock	63,857		63,85	7	D		
Stock Options ⁽⁴⁾	\$23								(6)	1	1/20/2030	Common Stock	111,801		111,80)1	D		

- 1. These securities consist of Restricted Stock Units ("RSUs") that were granted on March 6, 2023, pursuant to the terms of an RSU agreement under the Sotera Health Company 2020 Omnibus Incentive Plan ("2020 Incentive Plan"). Each RSU represents the Reporting Person's right to receive one share of Common Stock, subject to vesting conditions. The RSUs vest annually in three equal installments commencing March 2, 2024, subject to the Reporting Person's continued service through each such date.
- 2. These securities consist of 58,110 RSUs and 542,550 shares of Common Stock. 289,482 of the shares of Common Stock are vested, and 253,068 shares of Common Stock remain subject to vesting conditions. Shares of unvested Common Stock will vest on a daily basis, pro rata through May 13, 2025 (the five year anniversary of the date of grant).
- 3. These options were granted on March 6, 2023, pursuant to the terms of a stock option agreement under the 2020 Incentive Plan. The options vest annually in three equal installments commencing March 2, 2024, subject to the Reporting Person's continued service through each such date.
- 4. No transaction is being reported on this line. Reported on a previously filed Form 4.
- 5. These options were granted on March 2, 2022, pursuant to the terms of a stock option agreement under the 2020 Incentive Plan. The options vest in three equal installments on each of the first three anniversaries of the date of grant, subject to the Reporting Person's continued service through each such date.
- 6. These options were granted on November 20, 2020, pursuant to the terms of a stock option agreement under the 2020 Incentive Plan. The options vest in four equal installments on each of the first four anniversaries of the date of grant, subject to the Reporting Person's continued service through each such date.

Remarks:

The Power of Attorney for Mr. Rutz is filed as an exhibit to the Form 3 filed on November 20, 2020, which is hereby incorporated by reference.

/s/ Jessica L. M. H. Epp, 03/08/2023 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.